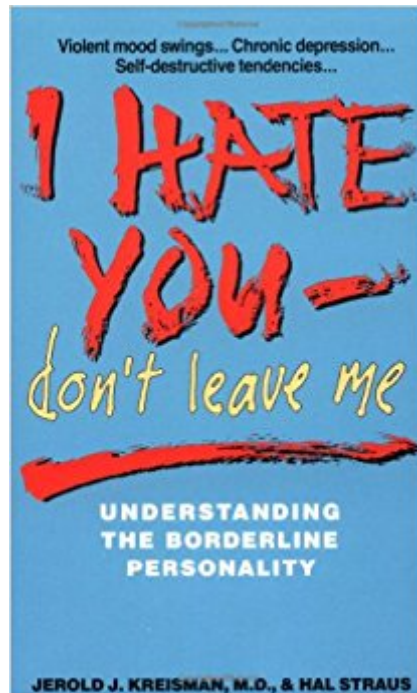




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# I Hate You, Don't Leave Me



## Synopsis

"AM I LOSING MY MIND?" People with Borderline Personality Disorder experience such violent and frightening mood swings that they often fear for their sanity. They can be euphoric one moment, despairing and depressed the next. There are an estimated 10 million sufferers of BPD living in America today -- each displaying remarkably similar symptoms: a shaky sense of identity sudden violent outbursts oversensitivity to real or imagined rejection brief, turbulent love affairs frequent periods of intense depression eating disorders, drug abuse, and other self-destructive tendencies an irrational fear of abandonment and an inability to be alone For years BPD was difficult to describe, diagnose, and treat. But now, for the first time, Dr. Jerold J. Kreisman and health writer Hal Straus offer much-needed professional advice, helping victims and their families to understand and cope with this troubling, shockingly widespread affliction.

## Book Information

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## Customer Reviews

Borderline personality disorder (BPD) has been in the official psychiatric lexicon only since 1980. "Borderlines," according to the authors, are people who suffer from a weak sense of identity and a fear of abandonment; given to rapid mood swings, impulsive self-destructiveness and violent outbursts, they frequently have family backgrounds marked by alcoholism, child abuse or emotional distance. Kreisman, a psychiatrist who heads a BPD unit in a St. Louis hospital, and health writer Straus, speculate that the BPD diagnosis might be applicable to Marilyn Monroe, Adolph Hitler, T. E. Lawrence and Muammar al Qaddafi. They claim that BPD afflicts over 10 million Americans and is the most common disorder among hospitalized mental patients. This clinically written primer leaves

the reader with the impression that BPD syndrome is a catchall category. Copyright 1989 Reed Business Information, Inc. --This text refers to an out of print or unavailable edition of this title.

Informative book. I always wondered why my relative acted the way they do. This explains some of the behavior and theory as to why people with this disorder behave the way they do. I don't agree with the ways they suggest working with the bpd person however. That doesn't seem to work. Again, each one does not fit into a cookie cutter mold.

good information, but a little hard to keep reading, especially when it applies to my situation and is "painful" to read.

I use this book with some of my patients. Those with borderline features often do not understand their own behavior. It often provides a basis for conversation about behavior and how it is changed. It is not too technical and engaging for the reader.

While reading this book, I kept wondering how the author had read my mind and put them in words with this publication. Being involved with someone with BPD, I had often known that something was wrong but couldn't pin point it. Often, I thought that I was the insane one in the relationship. Finally, when it was brought to my attention that he might be suffering from BPD, I was recommended this book. The book is simple to read, yet it address the condition and its symptoms. It also talks about how to seek help and communicate with someone effected with BPD. This book helped me get over my doubts and insecurities about myself and realize that the problem, which was a textbook condition, lied with my partner. I can only imagine how many people out there are envolved with individuals with BPD and are suffering in those relationships!

Still the finest introduction to Bordeeline Personalities available.

I found this book well written but so depressing I couldn't finish it.

Really great book It helps people to understand what they are going through when they are related to or married to a Borderline Personality Disorder.

There's more up to date info on borderline personality disorder since this was written ,,,,but for the

cost ,,not a bad buy !

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I Hate You, Don't Leave Me I Hate You - Don't Leave Me: Understanding the Borderline Personality  
Mid-Life Career Rescue Series Box Set (Books 1-3):The Call For Change, What Makes You Happy,  
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Common Sense Left The Virtual Assistant Solution: Come up for Air, Offload the Work You Hate,  
and Focus on What You Do Best

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